

Top ten idioms for ANGER

Blow a Fuse

To become extremely angry or lose one's temper suddenly.

When John found out his project had been canceled, he blew a fuse and started yelling at his colleagues.

Fly off the Handle

To become very angry and lose control of one's emotions.

She flew off the handle when she saw the mess in the kitchen that her roommate had left behind.

See Red

To become intensely angry.

Whenever someone insults his favorite team, he sees red and starts arguing with them.

Spit Nails

To be extremely angry, often to the point of wanting to retaliate.

When he heard about the rumour being spread about him, he was spitting nails and wanted to confront the person responsible.

In a Towering Rage

Extremely angry and possibly uncontrollable.

After discovering the broken vase, she was in a towering rage and demanded to know who was responsible.



Hot Under the Collar

To feel or show visible signs of anger or irritation.

He gets hot under the collar whenever someone questions his decisions.

Hit the Roof/Ceiling

To become extremely angry, often to the point of shouting or yelling.

When his son dented the car, his dad hit the roof and scolded him for not being careful.

Bite Someone's Head Off

To respond to someone with extreme anger and aggression.

She was so stressed from work that she bit my head off when I asked her a simple question.

On the Warpath

To be in an angry or aggressive mood, often seeking confrontation.

The boss was on the warpath after discovering the budget overruns in the project.

Chew the Scenery

To express anger or frustration in a dramatic or exaggerated manner.

During the meeting, he chewed the scenery and complained loudly about the lack of progress.